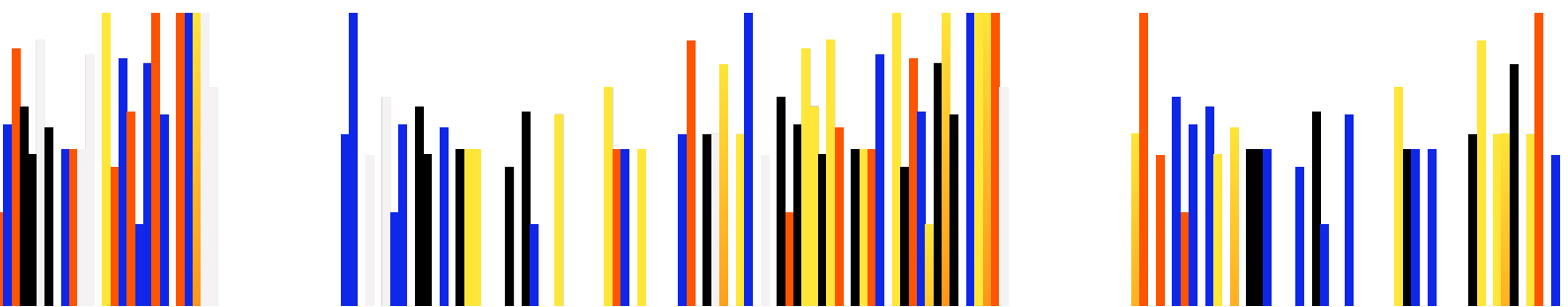STUDIO PROGETTO
COOPERATIVA SOCIALE

TRAINING COURSE

DIGITAL YOUTH EMPOWERMENT

Training course on sharing and exploring digital youth work methods on recognising fake news and supporting safe digital youth participation of young people especially with fewer opportunities

27 NOVEMBER – 06 DECEMBER 2023

RECOARO TERME, ITALY

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Here you will find all the information you will need about how to reach us and how to fully enjoy the Training Course Digital Youth Empowerment, and make the most out of it.

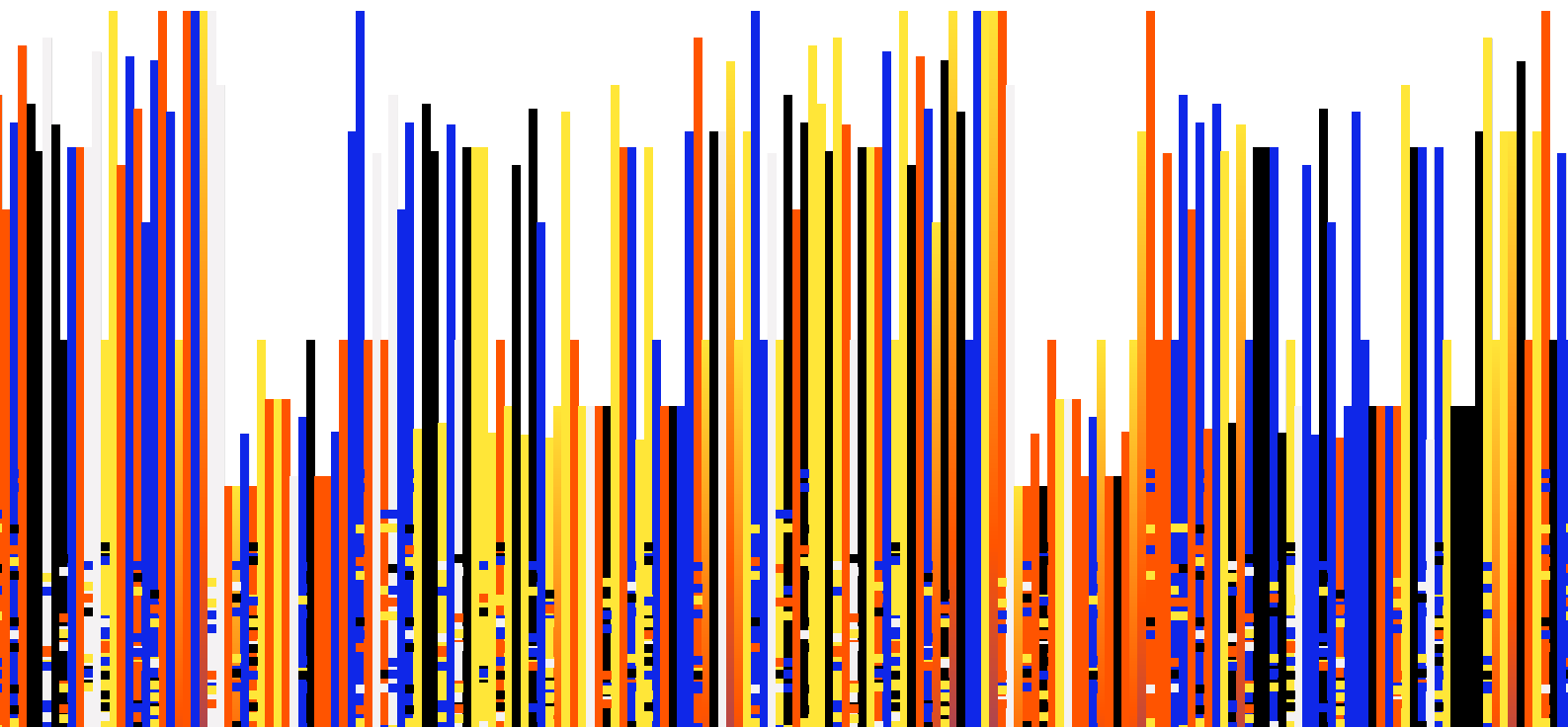If, after reading this document, you still have any questions please don't hesitate to contact us.

Trainers
Mara Arvai
Endre Kiss

Contact
progettazione@studioprogetto.org

THEMES OF THE TRAINING COURSE

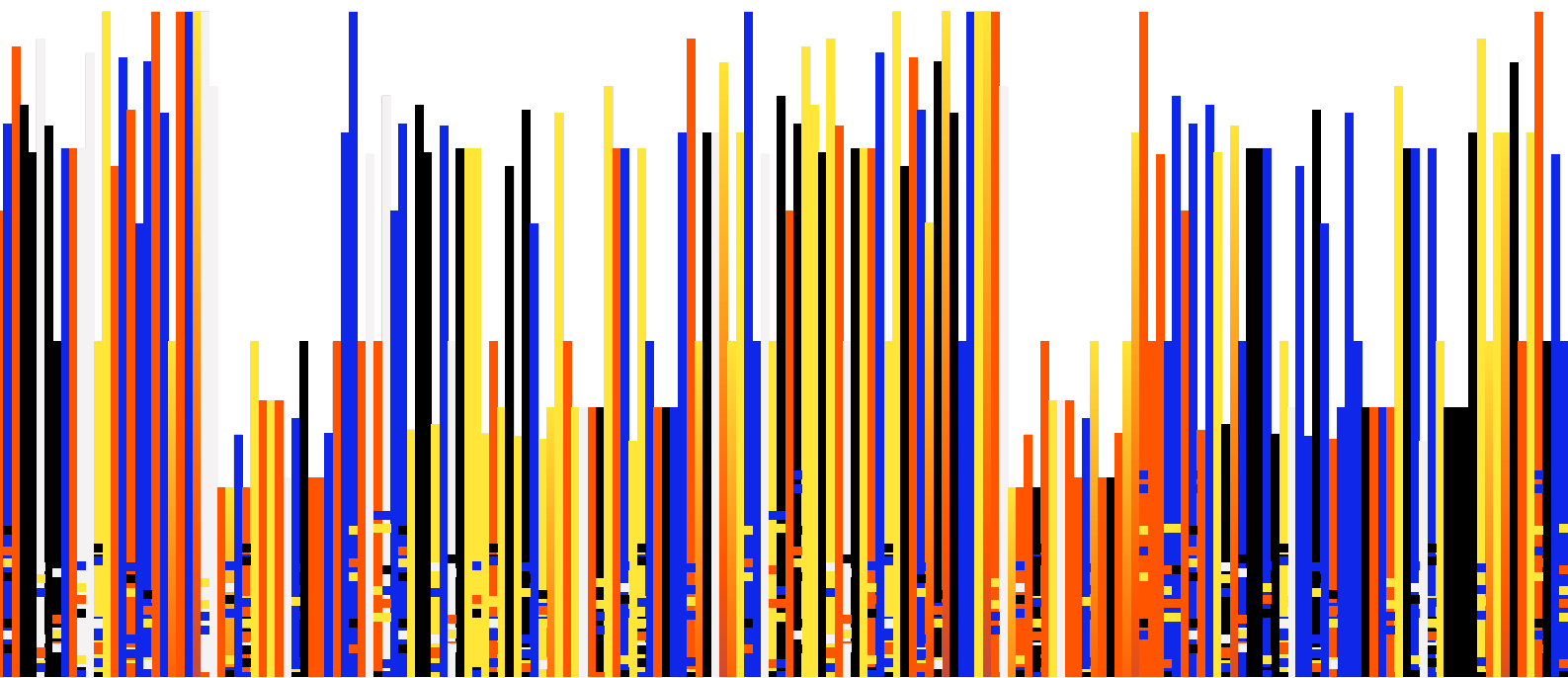The issue of **disinformation** and particularly **fake news** have lately become infamously popular in the world.

It has a huge power to change how young people think, behave and feel.

Although, the notion of fake news and disinformation dates back many tens of centuries, in the 21st century it has acquired a new powerful tool – internet, that made it even more influential and encompassing. Social networks and social messaging have even further enhanced the spread of fake news.

The groups most susceptible of falling for fake news are seniors and Youth.

The **overall aim of the project** are:

- **To train youth workers how to support young people** to improve their skills in **recognizing disinformation from facts**, manipulation from objective reality and **develop their critical thinking**.
- To **improve the digital competences of youth workers** and digital youth work methods of partners to be able to support safe digital youth participation of young people.
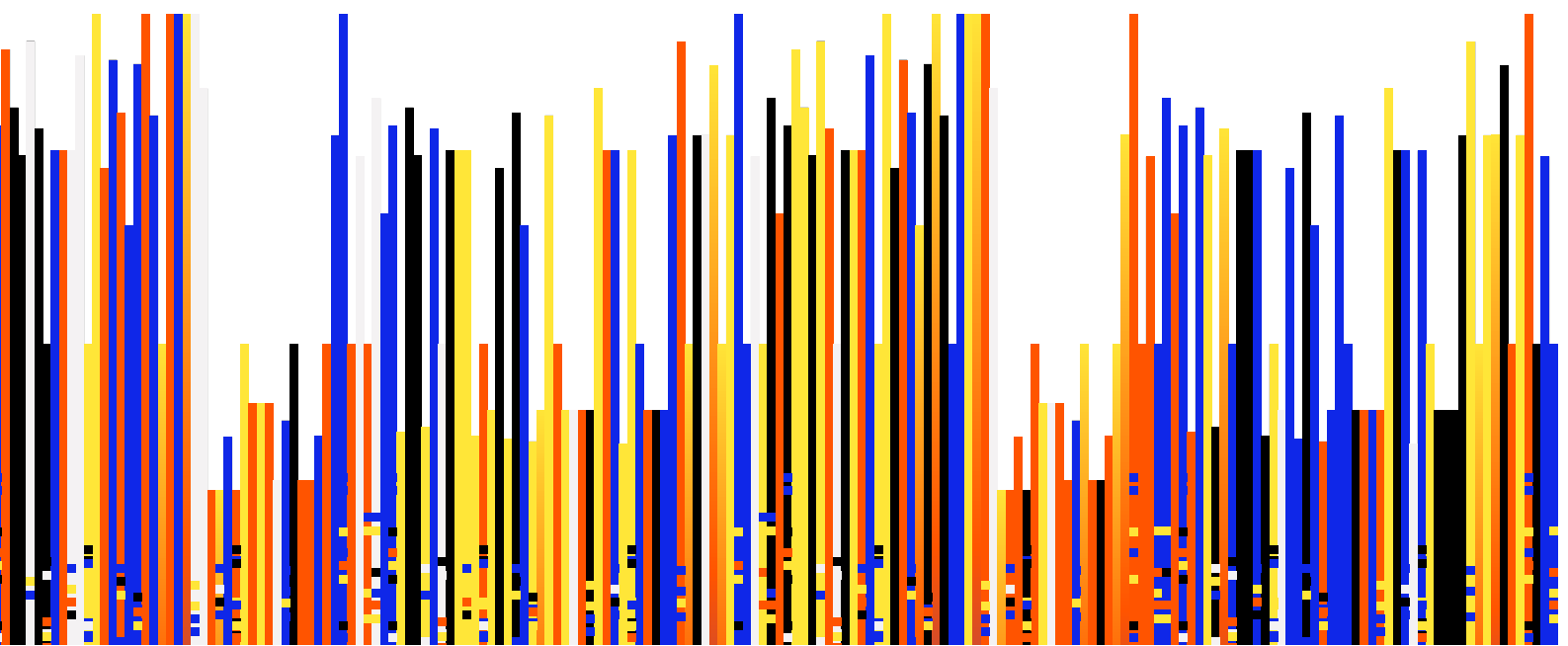
LEARNING OBJECTIVES OF THE TRAINING COURSE

To **train youth workers** to be able to design better ways to improve the ability of youth to **evaluate media information** with special attention on disinformation, misinformation and fake news.

To **develop participants' critical thinking** and reflection about the reliability of communication via Internet with special attention on manipulation.

To **reflect upon how media information and stories impact** on the behaviour of youth.

To **improve digital educational competences** of youth workers such as being able to use photonovella, blog, online marketing to support safe digital youth participation.

To **invent high - quality youth exchange and youth participatory projects** on supporting high quality digital youth participation of young people according to the proposals of Erasmus + programme.
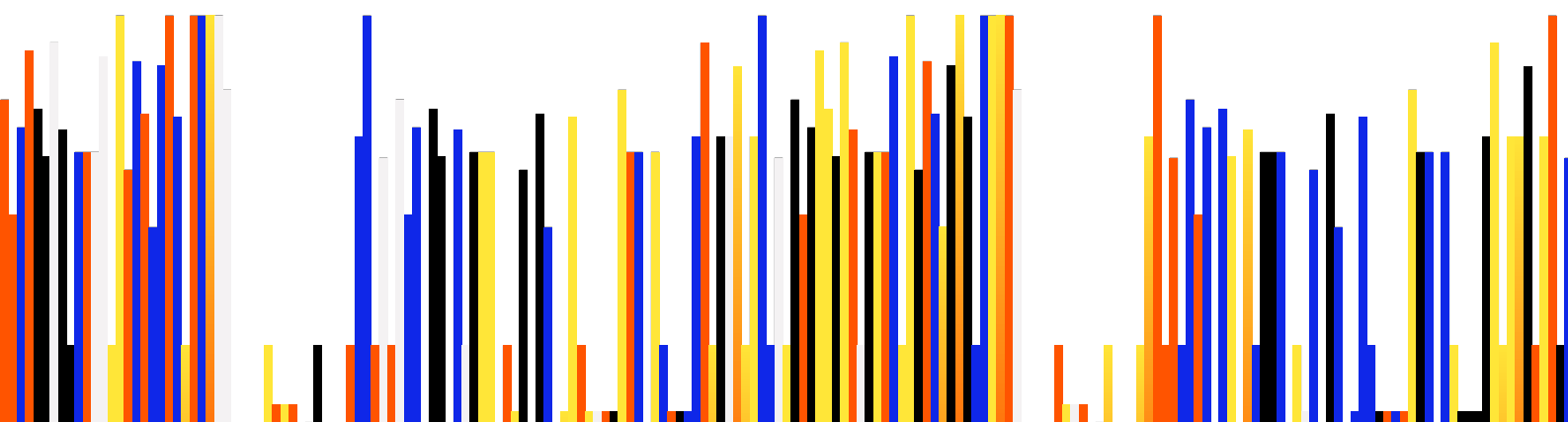
THE METHODOLOGY OF THE TRAINING COURSE

Experienced international trainers' team will carry out workshops, role plays, exercises and presentations, creations and discussions, analyse and propose solutions to concrete problems related to fake news, disinformation, manipulation by socialising and entertaining activities.

Throughout the project we will evaluate the development of overall capacities, educational and practical advancements.

The training methodology will be practical, it gives the participants the opportunity to put theories into practice and improve their own digital competences.

The non-formal learning methodology will be learner centred and Youthpass learning process will be integrated into each phase of the project.
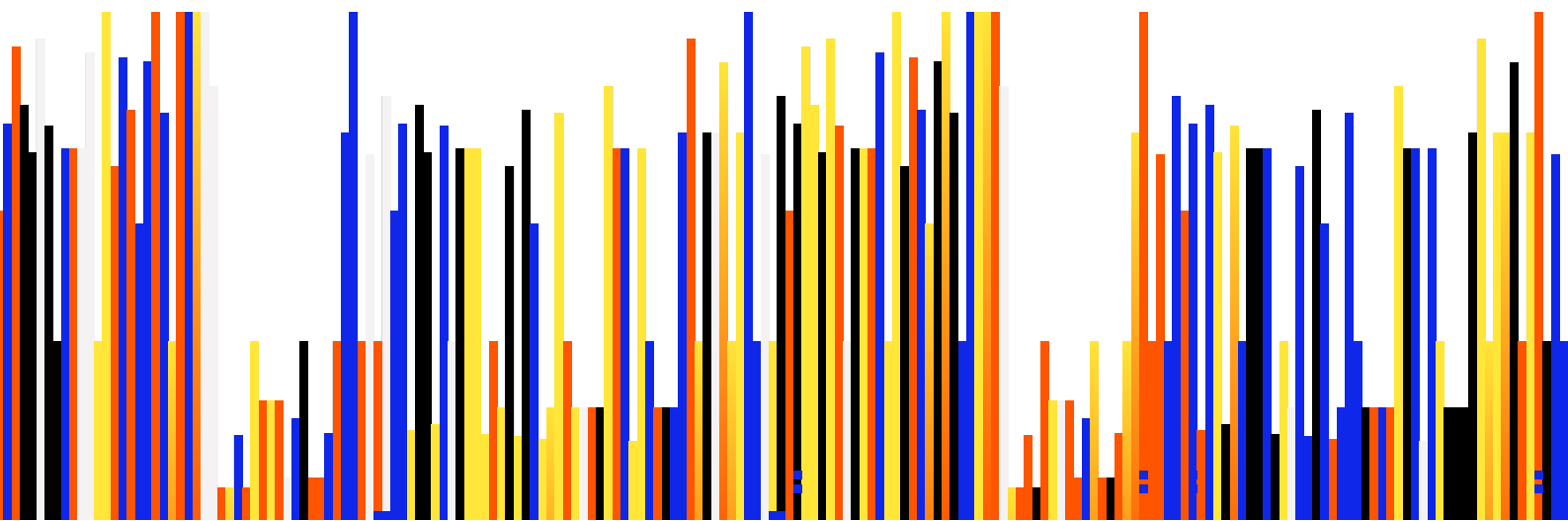
ACTIVITY PROGRAMME

Day 1 **Arrival Day**	Arrival of participants Registration and accommodation Lunch Welcome to the participants Coffee break Introduction of participants Warm Up activities Dinner & Welcome evening
Day 2 **Day of getting to know**	Breakfast Getting to know each other Coffee break Team building Lunch Introduction to the project and course programme, Non-formal education, Erasmus+ objectives and priorities, Youthpass learning process Coffee break Hopes, fears and contribution Forecast groups Dinner & Intercultural evening with locals
Day 3 **Day of recognising fake news**	Breakfast Evaluate media information Lunch Disinformation, misinformation Coffee break Fake news Forecast groups Dinner & NGO market with locals
Day 4 **Day of recognising media manipulation**	Breakfast Practicing to recognise disinformation, misinformation and fake news Lunch Manipulation online Coffee break Critical thinking Forecast groups Dinner & Treasure hunting evening

Day 5 **Day of safe digital methods I.**	Breakfast Practicing digital methods such as photovoice Lunch Finlalising, presenting and evaluating photovoice and how to photos impact on people online. Forecast groups Dinner & Photovoice exhibition
Day 6 **Day of Cultural visits**	Breakfast Field visit: Community experience and intercultural tour Meeting and open discuss with culturally diverse (refugee, migrants, minorities)–lead youth association Lunch Cultural afternoon Dinner out – Cultural evening with locals
Day 7 **Day of safe digital methods II.**	Breakfast Practicing digital methods such as international blogging Lunch Practicing digital methods such as online marketing Forecast groups Dinner & Talent evening
Day8 **Day of Community projects**	Breakfast Exploring Erasmus+ programme such as youth exchanges and youth participatory projects for supporting safe digital youth participation Lunch Project ideas and development with special focus on local and international youth activities on supporting safe digital youth participation Forecast groups Dinner & Passion evening
Day 9 **Day of future cooperation**	Breakfast Open space method for closing/opening the topic Coffee break Youthpass Lunch Final evaluation Dinner & Farewell party
Departure day	Breakfast Departure of participants

PARTICIPANTS

- Youth workers, youth leaders, teachers, social workers, etc. who directly work with young people with fewer opportunities and represent youth organisations;

- Youth workers, youth leaders, teachers, social workers, etc. who would like to be part of an European platform and support each other's local and European youth work in order to fight unemployment and marginalisation of young people with fewer opportunities

- More experienced youth workers, youth leaders, teachers, social workers etc. being able to share and present their non-formal educational activities and tools on some of these topics: active participation, social inclusion, mental health, environmental protection…

- Ready to take part in the whole training course;

- Aged 20+ years old and without no upper age limits
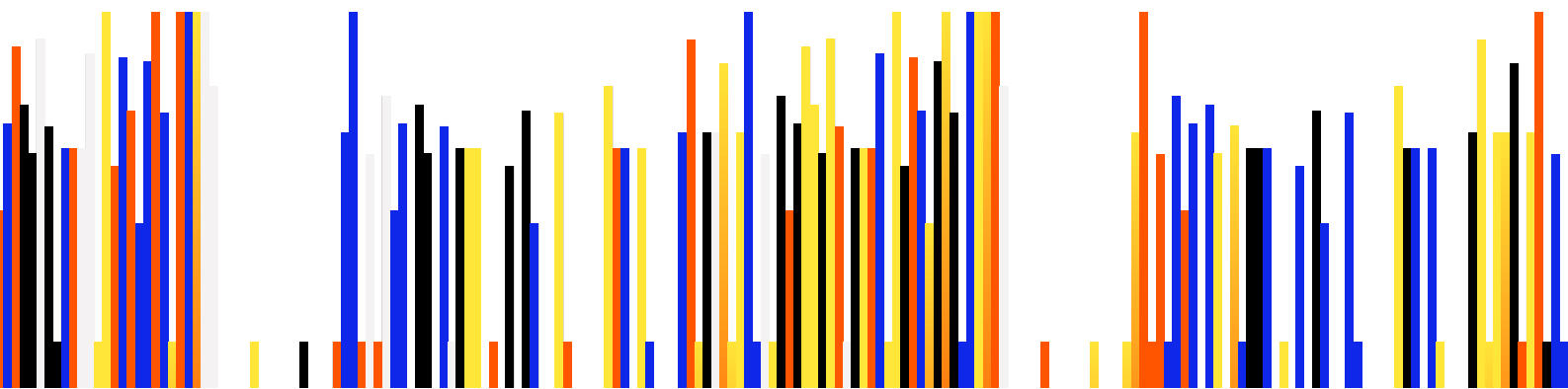
- To be able to communicate in English language.

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PROJECT PARTNERS

– **Studio Progetto** (IT– leader)

– **YOPA** (HU)

– **Parcours le monde sud-est** (FR)

– **The Starry Start of Talents Foundation** (BG)

– **European Youth Center Breclav** (CZ)

– **Asociatia Tinerilor cu Initiativa Civica** (RO)

– **Noored Ühiskonna Heaks** (EE)

– **Stowarzyszenie Inicjatyw Regionalnych** (PL)

– **Youthfully Yours** (SK)

– **Grupo de Desarollo Rural – Valle del Guadalhorce** (ES)

– **ProAtlântico-Associação Juvenil** (PT)

– **Aktiivinen Pohjois-Satakunta ry** (FI)

WE ARE WAITING FOR 2 PEOPLE FOR EACH PARTNER

FINANCIAL CONDITIONS

The food and accommodation will be provided and paid by the organizers. Travels costs will be counted based on the distance calculator of the European Commission and reimbursed by bank transfer after the course (in Euros €).

REIMBURSEMENT:
Travel reimbursement will be calculated according to the travel distance between the place of origin (your departure country) and the venue of the activity (Recoaro Terme - Italy) by using the <u>distance calculator supported by the European Commission</u>. This applies to all countries except Italy.

Travel distance	Standard travel	Green travel
100 – 499 km	180 EUR	210 EUR
500 – 1999 km	275 EUR	320 EUR
2000 – 2999 km	360 EUR	410 EUR

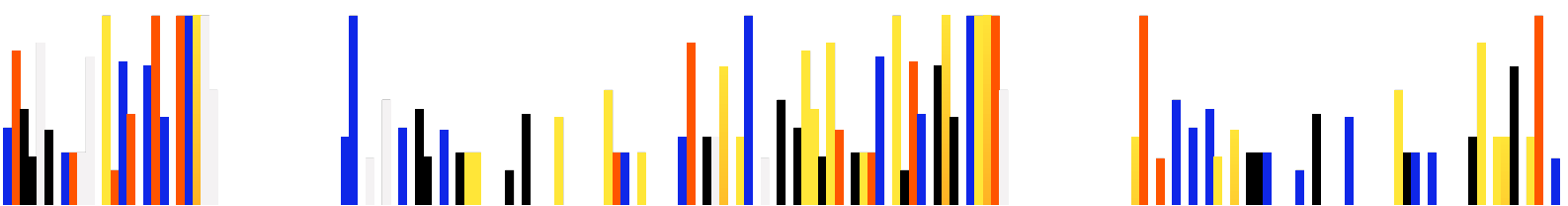**Green travels** are train, bus, car sharing (at least 2 participants travelling together).

Before purchasing the tickets send your travel plan to progettazione@studioprogetto.org for approval.

To get your reimbursement PLEASE KEEP ALL YOUR TRAVEL DOCUMENTS including boarding passes and ticket receipts where the price and date are shown. Reimbursement will be done within 2 months after the submission of travel documents and receipts from participant's side once you all have filled out the Beneficiary Module survey.
The details of the reimbursement process will be discussed during the training course
The reimbursement will be paid ONLY by bank transfer after receiving all the tickets in digital format (e-tickets, scan documents).
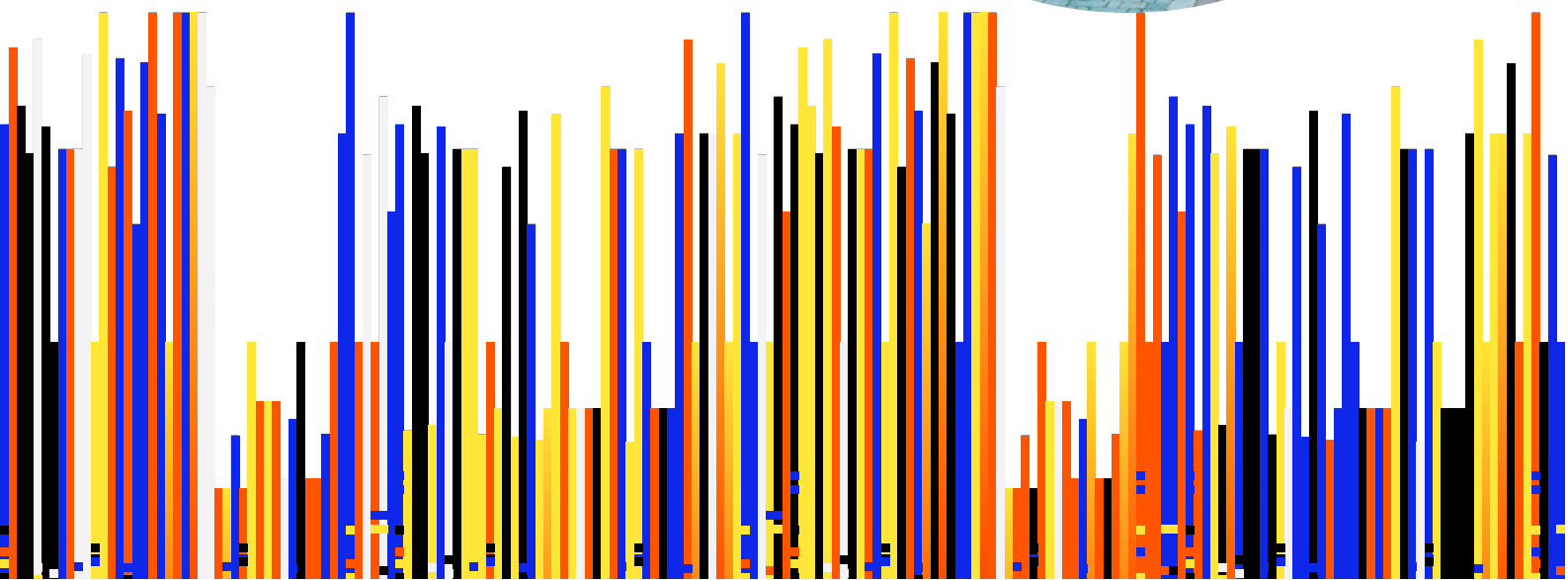
ACCOMODATION

The address of your accommodation in Italy is:

HOTEL TRETTENERO
Via Vittorio Emanuele, 16 – 36076 Recoaro Terme (VI), Italia
To get more information about the accommodation you can look through the website of the hotel:
https://www.hoteltrettenero.it

ROUTE TO RECOARO TERME

The training course will take place in Recoaro Terme, a town in the province of Vicenza, Veneto, in the north of Italy, that is known for its mineral spring waters.

Following, you will find all the information on how to arrive in Recoaro from all the nearest airports. We recommend you to buy all the tickets you need, especially the train ones, online before the arrival.

Let's make it simple and divide your trip in 3 fundamental steps:

Get to Vicenza train station from the airport,

Get to Recoaro's bus station from Vicenza,

And finally get to the Hotel Trettenero from Recoaro's bus station.

The nearest airports are (send us the options you find, in order we can tell you if it is manageable to reach the venue):

Verona www.aeroportoverona.it/passeggeri_t5

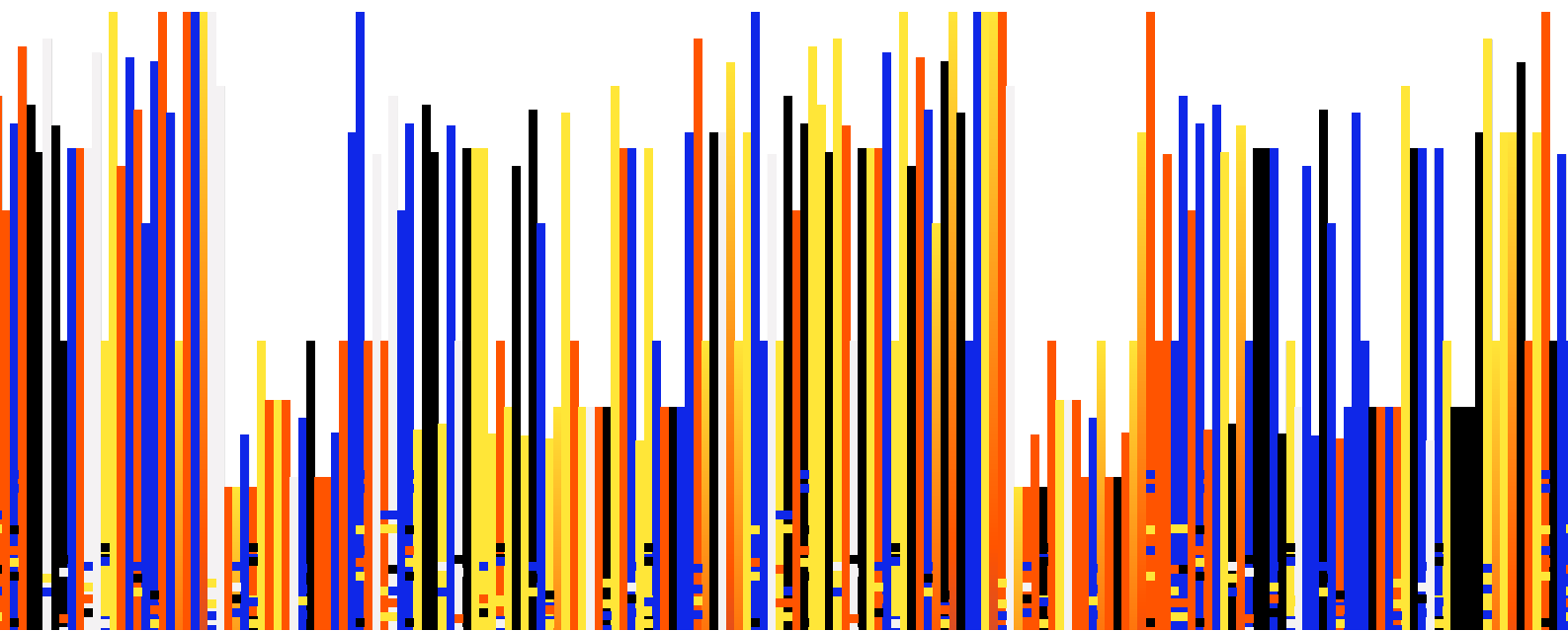**Venice** www.veniceairport.it

Venice-Treviso www.trevisoairport.it

A bit farther but still fine (your flight should land not after 15.00):

Milano-Bergamo www.milanbergamoairport.it/it/

Milano-Malpensa www.milanomalpensa-airport.com/it

Milano-Linate www.milanolinate-airport.com/it/

Bologna www.bologna-airport.it/en

ROUTE TO RECOARO TERME

FROM VERONA:

From **Verona airport** you have to take the bus to Verona Porta Nuova (railway station).
The Aerobus service from the airport to the train station runs every 20 minutes, every day of the week.

T**o check the bus connections to the train stations of Verona Porta Nuova**:
http://www.aeroportoverona.it/en/aerobus_t2
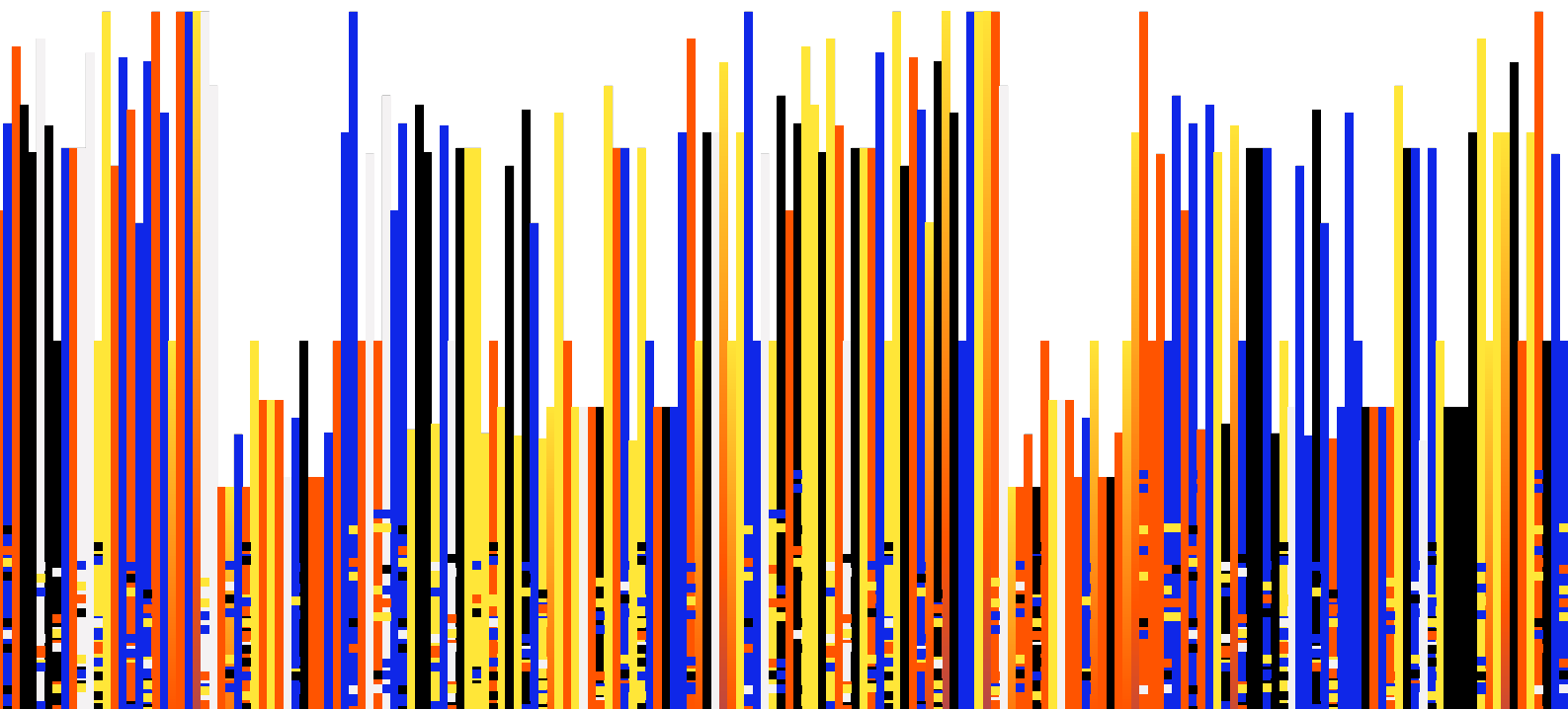The ticket to Verona costs 6€

Then you will have **to take a train from Verona Porta Nuova to Vicenza**.
There are several trains every hour, anyway you can check the site of the Italian railway station, there is an English version, so it will not be difficult for you.
The website is: http://www.trenitalia.com/

Prices vary from €6,25 to €21,00.
The regional trains are cheaper than Frecciarossa, but your travel time will be a bit longer.

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ROUTE TO RECOARO TERME

FROM VENICE MARCO POLO:

From Venice Marco Polo airport you'll have to take the bus to the train station of Venezia – Mestre: www.atvo.it
Here you can see the timetable:
www.atvo.it/allegati/linee/linea_8_a_fer_new_3.0_dal_5.09.22_al_10.06.23.pdf
The ticket costs €10 (€ 18 round trip).
You can buy it online (then you will have the price of €18 for a round trip) or in the automatic ticket machine/ticket office in the airport.
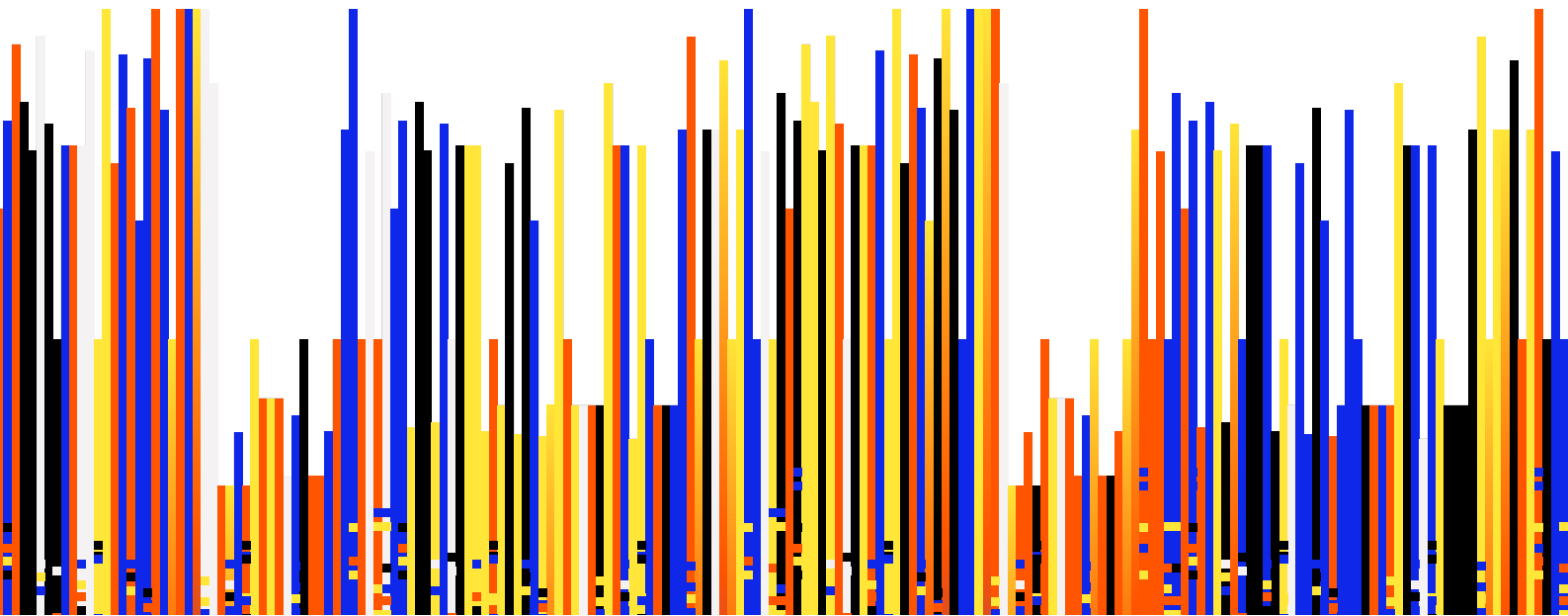
Then you will have to take a train from Venezia-Mestre to Vicenza.
There are several trains from Mestre to Vicenza every hour, anyway you can check the site of the Italian railway station, there is an English version, so it will not be difficult for you.
The website is: www.trenitalia.com/

Prices vary from 6,25€ up to 22,00€…
The regional trains are cheaper than Frecciarossa, and it takes about 30 minutes more to get to Vicenza (or if you manage to buy a ticket for "regionale veloce" (RV), the travel time will be the same (about 33 minutes) but the price will be much lower than for Frecciarossa).

ROUTE TO RECOARO TERME

FROM TREVISO "CANOVA" AIRPORT:
Option 1 (Cheaper and faster!!)

From **Treviso airport** you have to t**ake bus N.6 to the train station Treviso Centrale**.

Bus stop is on Via Noalese, to the right of the airport exit.

Tickets are available at the airport / train station (€ 1,30) or on the bus (€ 2,50, the driver is not obliged to give change). Bus stops are in front of the airport and train station.

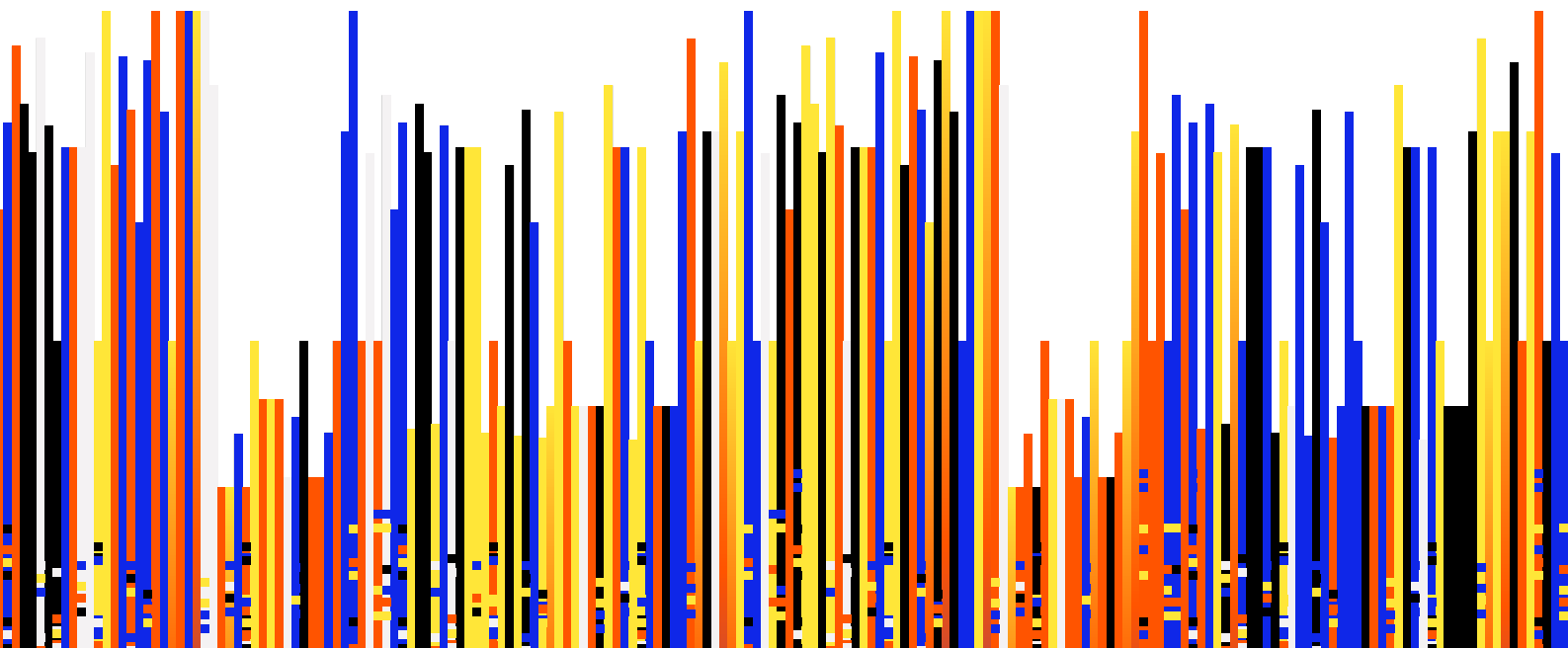**Here you can find the timetable:**

www.mycicero.it/mom-tv/TPWebPortal/it

Then you will take a train from Treviso Centrale to Vicenza.

There are direct trains from Treviso Centrale to Vicenza every hour, anyway you can check the website of the Italian railway station, there is an English version, so it will not be difficult for you.

The site is: https://www.trenitalia.com/en.html

The price of a ticket for regional trains is €6,25 and it will take you a bit more than 1 hour to get to Vicenza.

ROUTE TO RECOARO TERME

FROM TREVISO "CANOVA" AIRPORT:
Option 2

From Treviso airport you'll have to **take the bus to the train station of Venezia-Mestre**:
/www.atvo.it/index.php?lang=en&area=23&menuid=36&view_pc#
Here you have the timetable
https://www.atvo.it/it-orari-e-autolinee.html
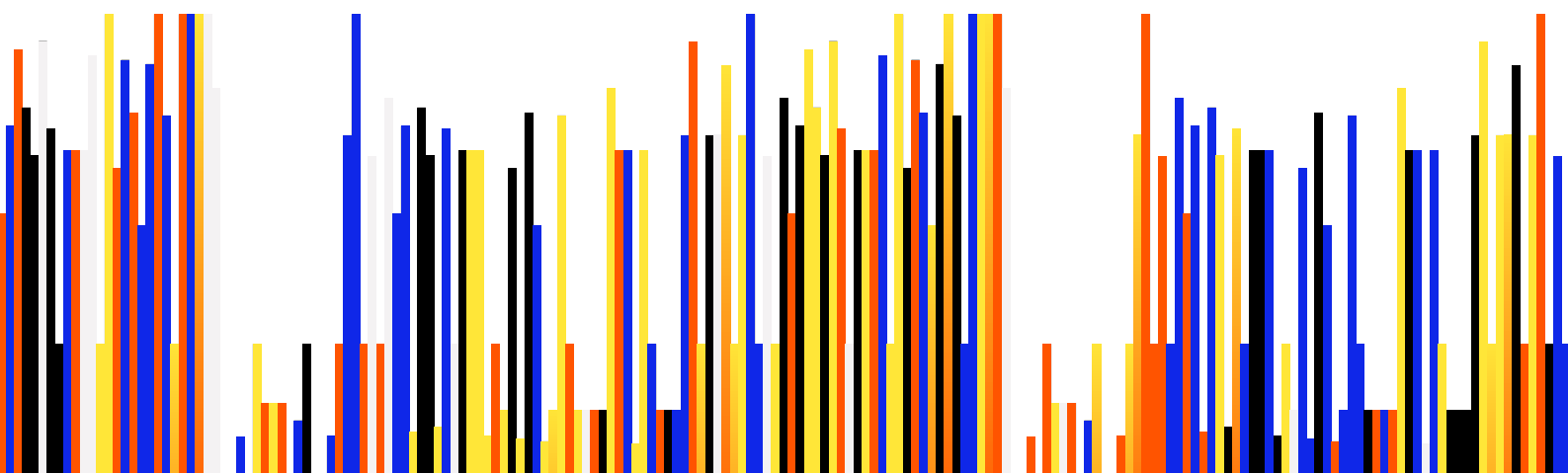The ticket costs 12€ one way (return ticket 22€ with 10 days validity).
You can buy it online (they say that you have a discount but it is not true… it costs the same also in the automatic ticket machine), or on board on Ryanair flights or in the automatic ticket machine/ticket office inside the airport.

Then you will have to take a train from Venezia-Mestre to Vicenza.
There are several trains from Mestre to Vicenza every hour, anyway you can check the site of the Italian railway station, there is an English version, so it will not be difficult for you.
The website is: www.trenitalia.com/
Prices vary from 6,25€ up to 22,00€… The regional trains are cheaper than Frecciarossa, and it takes about 30 minutes more to get to Vicenza (or if you manage to buy a ticket for "regionale veloce" (RV), the travel time will be the same (about 33 minutes) but the price will be much lower than for Frecciarossa).

FROM BERGAMO ORIO AL SERIO AIRPORT:

From Milano-bergamo (Orio al Serio airport) you have **to take the bus "Orio shuttle" to Milano Centrale (railway station)**.
The bus leaves from the Arrivals, Platform 2 every half an hour and it takes about 50 minutes to arrive in the Milano Centrale train Station.
The ticket costs 10€ (the price of the tickets bought online) and €12 (if the ticket is bought before the boarding).

You can check the timetable and you can also buy it online at this website www.orioshuttle.com/_eng/
Choose the yellow one (number 1) ,"Orio al Serio > Milan Central Station"

Then you will have to take a train from Milano to Vicenza.
There are trains from Milano to Vicenza every hour, anyway you can check the site of the Italian railway station, there is an English version, so it will not be difficult for you.
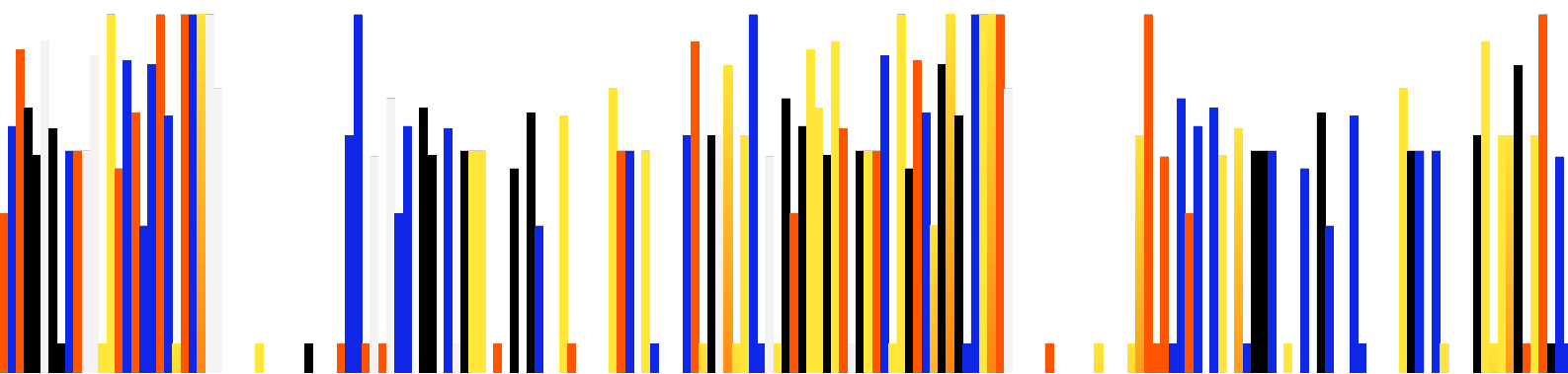**The site is**: www.trenitalia.com/
Prices go from 15,90€ up to 40,00€… The regional trains are cheaper than Frecciarossa, but sometimes you can find special offers also for Frecciarossa tickets.

Another option is to buy a **FLIXBUS ticket**.
FlixBus gets you to your destination with their buses. All FlixBus buses are equipped with free Wi-Fi and power outlets.
You can check the tickets in here: www.flixbus.it/

ROUTE TO RECOARO TERME

FROM MALPENSA AIRPORT:

From Malpensa airport you have to t**ake the Malpensa express, the train goes to Milano Centrale** (railway station) once an hour every day.
The ticket costs 13€ one way (return ticket 20€ with 30 days validity).
You can check the timetable and you can also buy it online at this **website**: www.malpensaexpress.it/en/
choose "on-line ticket" from "Milano Aeroporto" to "Milano Centrale".

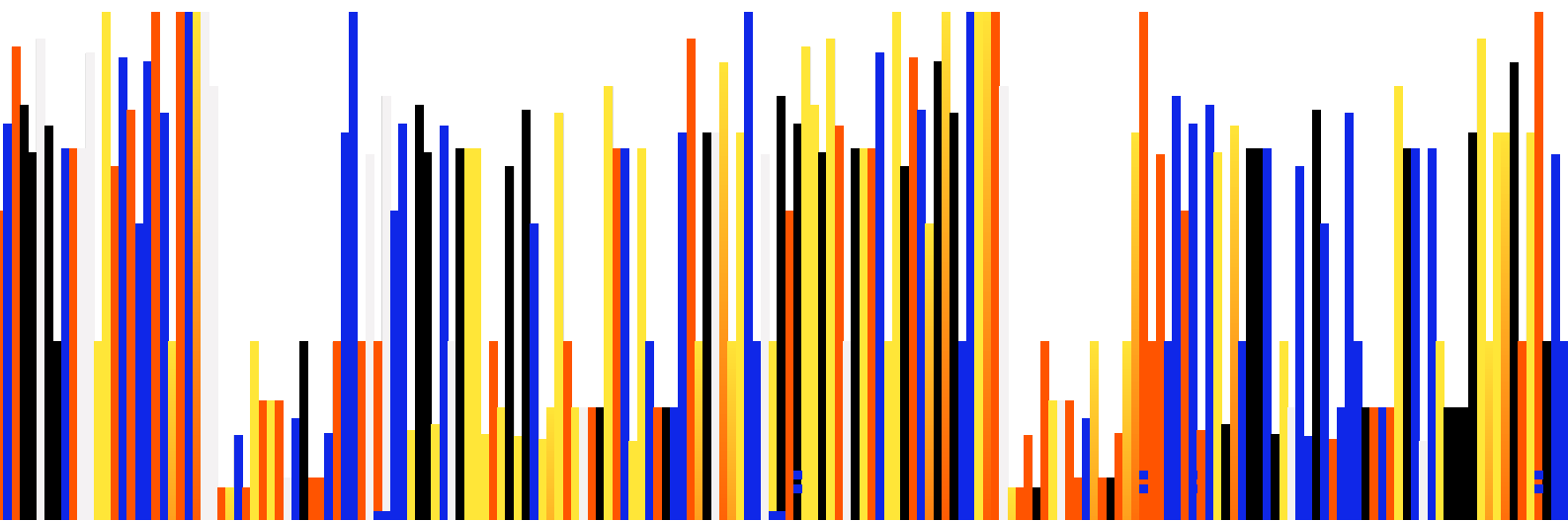**Then you will have to take a train from Milano Centrale to Vicenza.**
There are trains from Milano to Vicenza every hour, anyway you can check the website of the Italian railway station, there is an English version, so it will not be difficult for you.
The website is: www.trenitalia.com/
Prices go from 14,30€ up to 40,00€… The regional trains are cheaper than Frecciarossa, but sometimes you can find special offers also for Frecciarossa tickets.

Another option is to buy a **FLIXBUS** ticket. FlixBus gets you to your destination with their buses. All FlixBus buses are equipped with free Wi-Fi and power outlets.
You can check the tickets in here: www.flixbus.it/

ROUTE TO RECOARO TERME

FROM LINATE AIRPORT:

You have 2 options to get to Milano Centrale:
You can buy a "Terravision" bus ticket here that will take you from the airport to Milano Centrale (railway station). The price is 10€ and it takes about 50 minutes.
www.omio.com/searchfrontend/results/EF523E7D03912499FB618F4B8BF7DA4A8/bus?locale=en
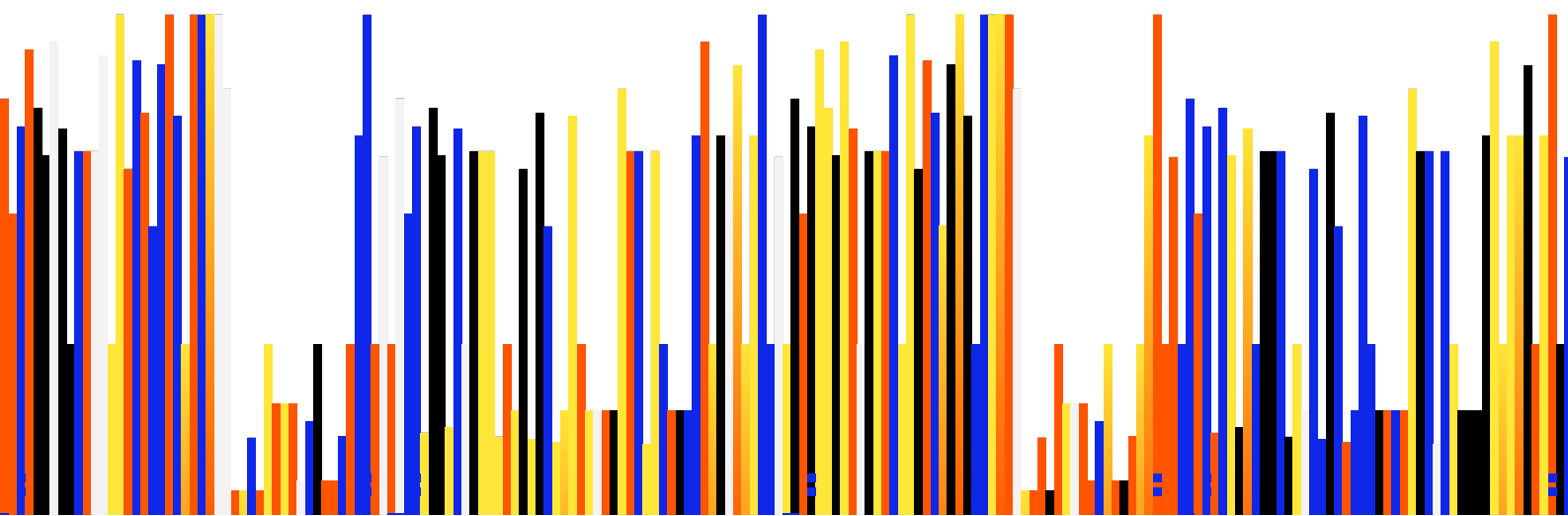
You can also t**ake a bus from the airport to Milano Lambrate**, which leaves every 2 hrs, and from there take the metro (Lambrate Fs) to Milano Centrale (Centrale Fs) that leaves every 5 min. The price is about 10€.

Once you arrive at the railway station you have to **take the train to Vicenza**.
There are trains from Milano Centrale to Vicenza every hour, anyway you can check the website of the Italian railway station, there is an English version, so it will not be difficult for you.
The website is: www.trenitalia.com/

Prices vary from 14,30€ up to 40,00€… The regional trains are cheaper than Frecciarossa, but sometimes you can find special offers also for Frecciarossa tickets.

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ROUTE TO RECOARO TERME

FROM BOLOGNA AIRPORT:

From Bologna airport you will have to take the train "**Marconi Express"
to Bologna Central train station.**
Here you can find more **information about the tickets and the timetable**:
www.bologna-airport.it/en/from-and-to-the-airport/transfer-from-and-
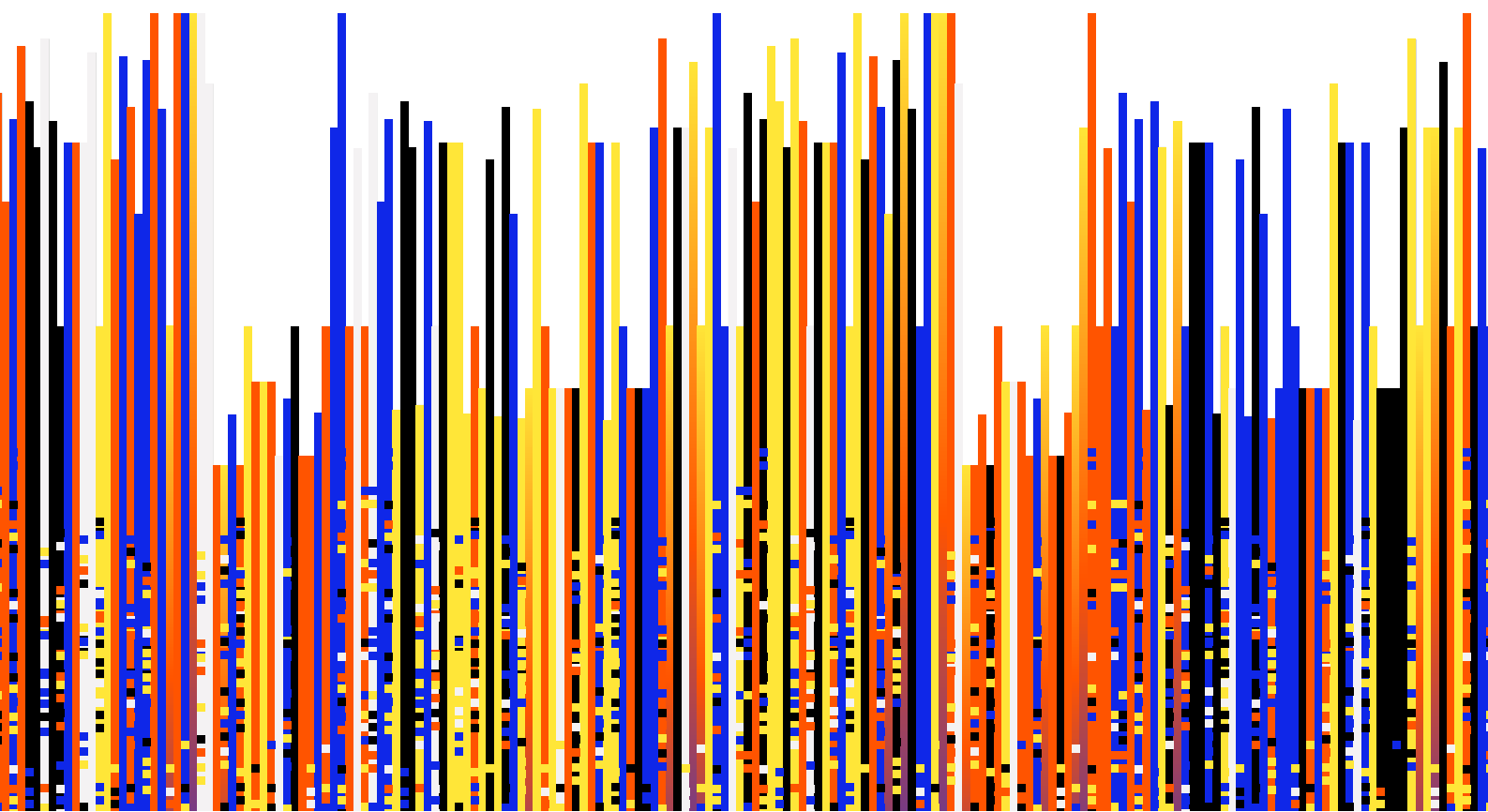to-the-airport/train-to-the-city-centre/?idC=62594

Then you will take a train from Bologna to Vicenza.
There are trains from Bologna to Vicenza every hour, anyway you can check
t**he site of the Italian railway station, there is an English version, so it
will not be difficult for you.**
The website is: www.trenitalia.com

Prices go from 14,05€ up to 30,80€…
The regional trains are cheaper than Freccia trains, but sometimes you can
find special offers also for Freccia tickets.

ROUTE TO RECOARO TERME

WHAT TO DO ONCE YOU ARE IN VICENZA:

Once you're in Vicenza's train station, you have to **take a bus to Recoaro.**

You have to get out of the station, turn to the left and walk about 150m to get to the bus station.

You can buy the ticket at the ticket's office or in the tabaccheria inside (a small shop with a lot of things).
To ask for the ticket you can say in Italian
"Vorrei un biglietto per RECOARO per favore",
or just use English, they usually get it.

The bus that you are going to take is **Linea 1 to Valdagno/Recoaro Terme and will leave from box 5**.
There is a bus almost every 30 minutes, and it takes less than 1,5 hour to arrive in Recoaro.
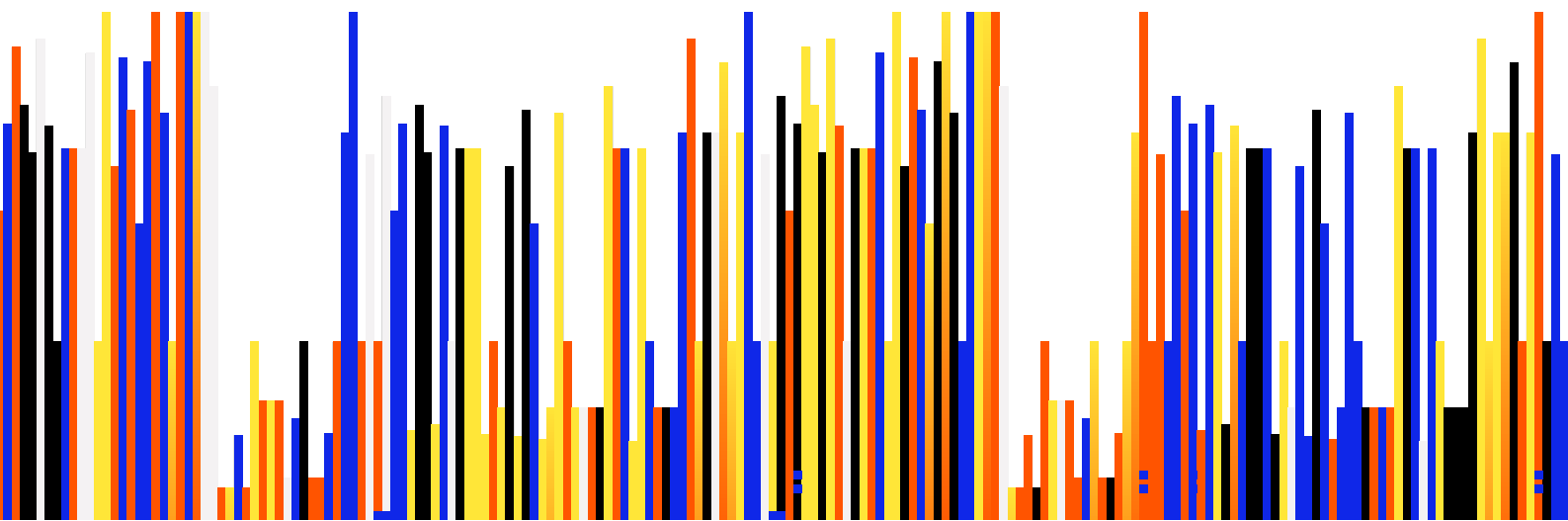
Here you can check the timetable:
www.svt.vi.it/orari-percorsi/ricerca-orari-percorsi
You can also download this app and buy your ticket here:
 www.mycicero.it/downloadApp/index.html
Or create an account in the website:
www.mycicero.it/signIn/mycicero/Registrazione/RegistrazioneMyCicero
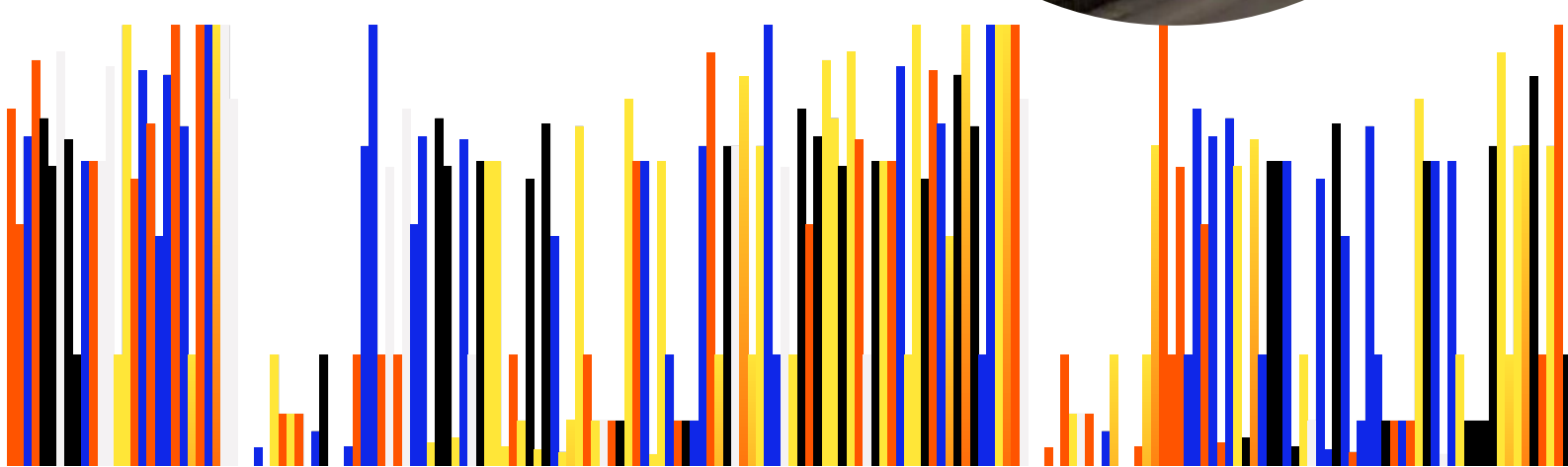
ROUTE TO RECOARO TERME

HOW TO ARRIVE IN RECOARO TERME:

Once you are already on board, after 1 hour you should be in Valdagno, that means that you are getting closer to Recoaro (15min no much more), so keep your eyes open.

VALDAGNO BUS STATION

RECOARO BUS STATION

ROUTE TO RECOARO TERME

HOW TO GET TO THE HOTEL?

The hotel is located on the same street (Via Roma) as the bus stop, so just walk around 500m straight ahead and you will find a passage on the right side that will take you to Hotel Trettenero.

To get more information about the accommodation you can look up the **website of the hotel** at this link:

www.hoteltrettenero.it

WHAT TO BRING WITH YOU?

Your **passport or ID card**

Your **European Health Insurance Card**

https://ec.europa.eu/social/main.jsp?catId=559 (if you have it) **or any other health insurance;**

Surgical Masks (we won't provide them), just in case the COVID situation should get worse and the use of masks would become compulsory on public transports.

Medicines - if you need them (anti-allergy pills, pain killers, aspirin etc.)

A personal bottle for water

A**ll your travel tickets** (if you want the reimbursement; for what concerns the flight ticket, remember to keep the boarding pass: "A boarding pass is a document provided by an airline during check-in, giving a passenger permission to board the airplane for a particular flight. As a minimum, it identifies the passenger, the flight number, and the date and scheduled time for departure. In some cases, flyers can check in online and print the boarding passes themselves");

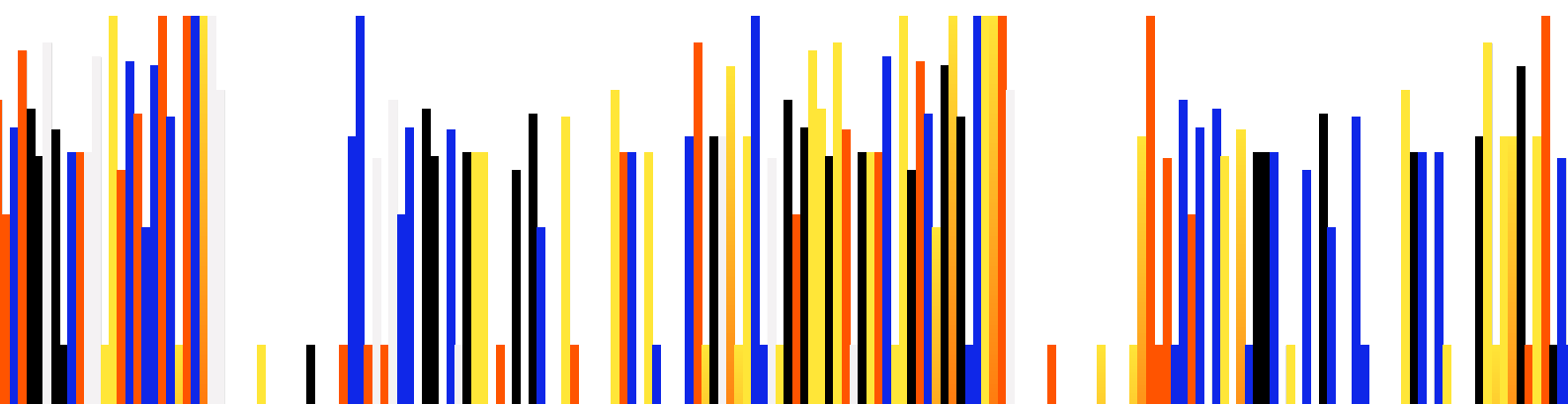**National snacks, drinks, easy food, specialties for intercultural evening;**

Other stuff you might need (camera/film, toilet things, etc.)

ATTENTION!!!
We need to know in time if you have particular necessities regarding food (vegetarian/vegan) and allergies.

Please, let us know by filling in this registration form:

https://bit.ly/DigitalYouthEmpowerment

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As soon as you have the exact timetable of your trip please inform us at the following e-mail address in order to manage your welcome!

progettazione@studioprogetto.org

Have a nice trip and see you soon!

the Studio Progetto staff