

#### **AMPANS FOUNDATION**

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PLANNING OF THE PROGRAM European Solidarity Corps

DATES OF START OF THE PROJECT: November 2022 DATE ENDING OF THE PROJECT: August-September 2023

LASTED OF THE PROJECT SVE: 9 months REFERENCE PIC Nº: 946185725 ID system selection ESC (PASS): 10786

### DESCRIPTION

### **CONTEXT I EXPERIENCE**

AMPANS is a foundation in Bages region (Catalonia), that works to accompany and support people with intellectual disabilities or in a vulnerability situation, in the development of their life project, guaranteeing their rights and the sustainability of AMPANS, with a clear desire for social transformation. AMPANS works to promote the education, the quality of life and the job placement of the people with intellectual disability, mental illness or other people in risk of exclusion, creating and managing services, programs, supports and business activities with excellence criteria.

#### For volunteers with or without specific curriculum in social work areas

We have integral services, attending people from the 3 years until the old age. The volunteers could do their services in daily services, or houses and residential services, giving an individual attention according to the characteristics, needs and wishes of the person. We consider a basic value the maintenance of the familiar bonds and friendships, for this reason we promote the participation of the volunteers in the assistance and educational process. We promote the inclusion, doing multiple activities in the own community (cultural activities, sport, leisure, etc).

#### **ACTIVITIES AND EXPERIENCES IN THE EVS PROGRAM at AMPANS:**

AMPANS Foundation is working with EVS since 2000, as the host institution.

Now we are in the European Solidarity Corps (ESC) program.

AMPANS Foundation participates in the European Voluntary Service for the enrichment that means having on its community, volunteers from other European countries.

Every year, it hosts four volunteers. They are incorporate in centers of diurnal attention or in houses and residential services, for people with intellectual disability, mental illness or in risk of social exclusion, like support to monitors.

Since the beginning we have lived the participation in this action in a very positive way and in a way where cultural diversity is included in our entity.

#### **PROPOSED ACTIVITIES:**

The service goal is to provide comprehensive care to persons with intellectual disabilities.

## For volunteers with curriculum in areas of social work, Ampans program can provide: an overview and training level:

- Principles inspiring social care policies (integration, equality, ...)
- Legal and regulatory framework of care for people with intellectual disabilities in Catalonia
- Types of centers and services
- Planning of services based on different levels of intellectual disabilities
- Development and direct care planning for people with disabilities

- Coexistence continued with people with intellectual disabilities

- Coexistence continued with educators of various services

- From this coexistence generates volunteer supportive attitudes towards people with disabilities and becomes a sensitizing agent for society

- Learning at alternative communication systems, nonverbal
- Planning learning activities tailored
- Learning activities tailored music therapy, drama adapted ...
- Knowledge of local and regional environment through different leisure activities planned
- Sensitivity towards people

#### **VOLUNTEER PROFILE AND SELECTION PROCESS:**

- ✓ Young people over 18 years old.
- ✓ Motivation for the project.

✓ Capacity versus empathic and sensitive people with communication difficulties

✓ Adaptability, initiative to leisure activities proposed.

✓ Personality dynamic.

 $\checkmark$  Ability to transmit the culture of voluntary.

- ✓ Minimal knowledge of the Spanish language.
- ✓ Priority will be given to those volunteers with experience in the field of intellectual disabilities or those with an interest in training in this field.
- ✓ The project will be in EVS data base.
- ✓ We will considerer all CV we receive by e-mail, or the ESC platform.

# WE SHARE WITH YOU DIFFERENT VIDEOS WITH THE EXPERIENCE IN THE EVS PROGRAM AT AMPANS:

HERE IS NICOLE : https://www.youtube.com/watch?v=G7GtF-DZUkU&t=4s

MARIE'S EXPERIENCE : <u>https://www.youtube.com/watch?v=duwBxfU7yuk</u>





SARA'S EXPERIENCE IN THE EVS PROGRAM AT AMPANS (in spanish) https://www.youtube.com/watch?v=hzv\_NuJNKGo&t=12s



THE ESC Program, with ARIANNA, BIANCA, LYNN and SARAH (in Spanish): <u>https://www.facebook.com/ampans/videos/-volunt%C3%A0ries-europees-</u> /530697071529920/?trk=organization-update-content\_share-embed-video\_share-article



WELCOME AT AMPANS ! TOGETHER WE MAKE THE FUTURE