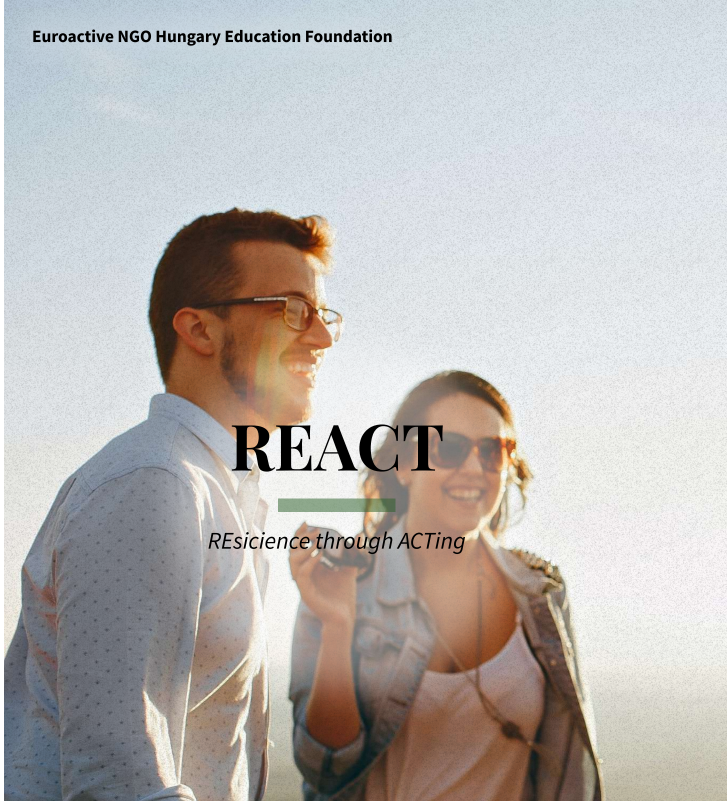
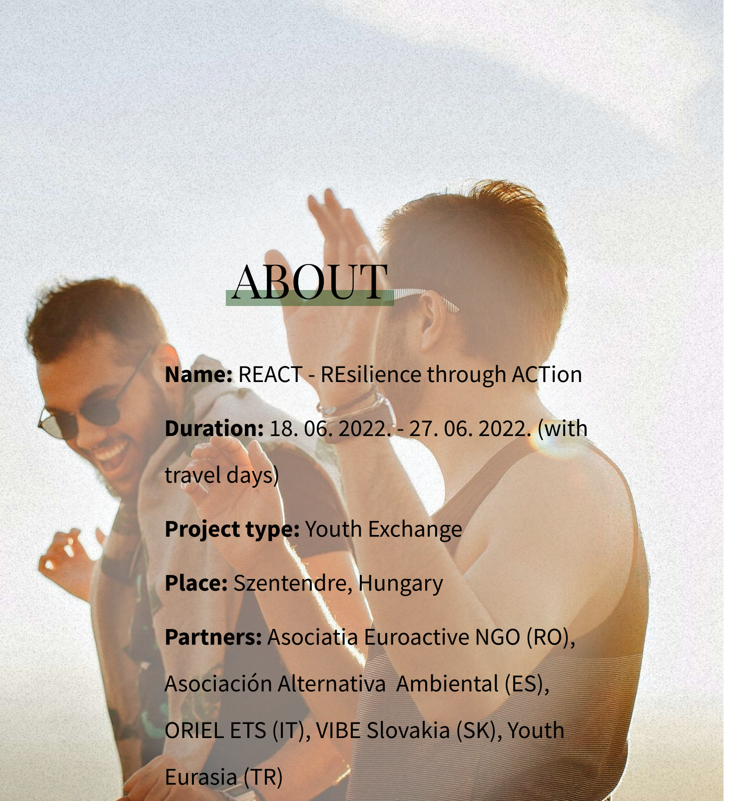


REACT

REsicience through ACTing



ABOUT

Name: REACT - REsilience through ACTion

Duration: 18. 06. 2022. - 27. 06. 2022. (with travel days)

Project type: Youth Exchange

Place: Szentendre, Hungary

Partners: Asociatia Euroactive NGO (RO), Asociación Alternativa Ambiental (ES), ORIEL ETS (IT), VIBE Slovakia (SK), Youth Eurasia (TR)

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IDEAL PARTICIPANT

18 - 30 years old and come from rural areas;

Are motivated to participate in this youth exchange and are interested in the proposed topic;

Presents knowledge / interest for the project topic;

Presents desire for civic involvement;

Assume that they will share with others the knowledge, attitudes and abilities learned, and that they will be actively involved in all stages of the project.

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GROUP LEADER

No age limit;

Have interpersonal and communication skills, team spirit, strategic thinking oriented to results;

Promote a positive attitude at the group level;

Have coordination, planning and organization skills;

Have an advanced level of English;

Have experience in volunteering, non-formal education and youth;

Have competences to evaluate the learning process of young people;

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OBJECTIVES

> Developing 36 young people's abilities to analyze the impact of social media on the personal behaviors and habits between 18 and 27 June 2022.

> Developing the critical thinking of 36 young people, between 18 and 27 June using non-formal methods.

> Increasing 36 young people's self-esteem by discovering their unique abilities and characteristics between 18 and 27 June.

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ACCOMODATION

Accommodation and food (breakfast, lunch and dinner) will be covered by the coordinator – Euroactive NGO Alapítvány.

The hosting will be in Pap-sziget Camping, on a beautiful small island on the Danube river - https://pap-sziget.hu/, in cottage houses.

The meals will be held for all participants in camping restaurant.

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ACCOMODATION

part 2

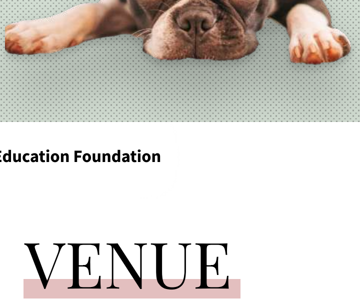
We will try to do all the activities outside, to comply with covid rules and to enjoy the nature, but we have also a room for this, if the weather is not helping us.

You will be hosted in rooms of 3-5 persons. The toilets and showers are shared.

WI-FI will be also available and free.

That to bring: Reusable Water Bottle, cosmetics, towels, flip-flops, indoor towels, sunscreen, bathing suit & towels for the pool (there's a pool in the venue) & mosquito spray

DOGGIE NOT INCLUDED



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PROJECT AGENDA

Day 1
Welcome night

Day 2
Erasmus+ culture fitness
Team building & Ice breaking

Day 3
Covid-19 - problems and solutions

Day 4
FakeNews Workshop

Day 5
Case Studies

Day 6
Stress Management Sessions

Day 7
Orienteering activity

Day 8
Role Plays

Day 9
Farewell Sessions
Youthpasses

Day 9
Departure Day

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VENUE

Szentendre is a riverside town in Pest County, Hungary, between the capital city Budapest and Pilis-Visegrád Mountains. The town is known for its museums (most notably the Open-Air Ethnographic Museum), galleries, and artists.

Due to its historic architecture and easy rail and river access, it has become a destination for tourists staying in Budapest.

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FEWER OPPORTUNITIES

- Economic difficulties: young people with low levels of living, low income, socially dependent, long term unemployed, homeless people, young people with debt or serious financial problems, etc.
- Geographical difficulties: young people in remote or rural areas, young people living on peripheral regions or in less-favored areas (limited public transport, abandoned villages) etc.
- Social difficulties: situations in which young people face discrimination (gender, ethnicity, religion, sexual orientation, disability, etc.), young people with limited social skills, young and/or single-parent families, orphans, young people from disorganized families, etc.

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PREPARATION

participants & pre-assignments

1) Facilitations of activities:
In order to achieve the main aim of the project, a special working method will be applied during the project, as stated in the Erasmus+ Programme Guide regarding mobilities for young people. In this sense, each national team, with continuous support from the hosting organisation, will take up the role of the facilitator for a number of activities.

2) Facilitations of activities:
We will have traditional evenings during the project through which you will have the chance to represent your countries' culture. Unfortunately we don't have budget to reimburse you the expenses made for the things that you are bringing, but try to be creative and funny! You can bring typical costumes, ornaments, leaflets, posters, flyers, food, sweets, alcoholic and non-alcoholic drinks... and so on! You can make show videos, photos, sings and dance tradicional dances from your countries! We are counting on you to make these evenings as interesting as possible and promise to help you in any way that we can!

3) Mind the weather:
Considering that most of the activities will be held outdoors and the temperature in June can reach 30 degrees in Celsius, please make sure you will bring suitable clothes, hats, comfortable shoes and sun cream (factor +50).

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TRAVEL

From the airport to Budapest

Take line 200E from the Airport until Kobanya-Kispest M - metro station (last station on this bus).

After, take the blue metro line nr. 3 and travel until the last station Újpest-Városkapu.

You may be asked after some stations to change for the metro replacement bus and after some stations to go back to the metro, because there is some construction going on.

DON'T WORRY

IT IS NOT COMPLICATED.

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TRAVEL

Budapest to Szentendre

Procuring a valid medical insurance during your stay in Hungary is your own responsibility. European Union citizens are entitled to have a European Health Insurance card (EHIC) which you can get for free from your health authorities and you can use it in Hungary and in any other EU countries as well.

Use the following bus lines:

- 800-889
- 890
- 893-895

ONLY 25 KM

IT'S REALLY EASY TO REACH

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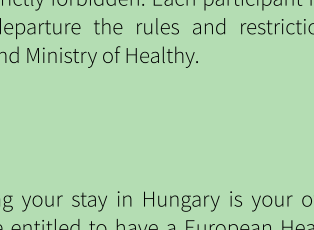
COVID-19

Safety rules & Health Insurance



BEFORE THE PROJECT

As an European travel rule, the travel of any participant who presents Covid-19 symptoms prior to the trip to Hungary is strictly forbidden. Each participant has the responsibility to check before the departure the rules and restrictions imposed for their coundty by the Hungaryand Ministry of Healthy.

HEALTH INSURANCE

Procuring a valid medical insurance during your stay in Hungary is your own responsibility. European Union citizens are entitled to have a European Health Insurance card (EHIC) which you can get for free from your health authorities and you can use it in Hungary and in any other EU countries as well.

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REIMBURSEMENT POLICY AND DOCUMENTS

Maximum reimbursement by country (per participant):

- Romania: 320 EUR (green travel required)
- Slovakia: 210 EUR (green travel required)
- Spain: 275 EUR
- Italy: 275 EUR
- Turkey: 275 EUR

PLEASE DO NOT BUT YOUR TICKETS WITHOUT HAVING THE CONFIRMATION FROM THE ORGANIZERS!

FLIGHT TICKETS
E-ticket
Fiscal invoice
The invoice can be issued on the name of traveler, or on the name of the organization you represent;
Boarding Passes

TRAIN TICKETS

BUS TICKETS

FUEL TICKET AND CARPOOLING

FUEL OR TAXI TICKETS
Will not be reimbursed

ADDITIONAL SERVICES
Will not be reimbursed

FUEL TICKET AND CARPOOLING

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YOUTHPASS

Certification of participation

All the young people attending of youth exchange are entitled to recieve an international certificate that validates the collection of key-competences, knowledge and attitudes acquired or improved during the mobility.

Key-competences

- Multilingual competence
- Personal, social and learning to learn competence
- Citizenship competences
- Enterpreneurship competences
- Competence in cultural awareness and expression
- Digital competence
- Mathematical competence and competence in science, technology, engineering
- Literacy competence

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CONTACT

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